



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA CAMP TOCKWOGH SCHOOL GROUP SAMPLE SCHEDULE

WEDNESDAY

- | | |
|---------|--|
| 10:30am | Arrival & Welcome
Settle in to cabins |
| 11:00am | Large Group Games
Split into 4 groups: Full Value Contracts |
| 12:30pm | LUNCH |
| 1:30PM | Group 1: Team Building
Group 2: Canoeing & Archery
Group 3: High Ropes & Zip
Group 4: Climbing Wall & Leap of Faith |
| 4:30pm | Field Sports & Recreational Activities (self-lead)
Camp Store open |
| 5:30pm | DINNER |
| 6:30pm | Evening Activity: Tockwogh Cup Team Challenge |
| 8:30pm | Evening Snack
Back to cabins, settle in for night |
| 10:00pm | Quiet hours begin |



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THURSDAY

- 8:00am** **BREAKFAST**
- 9:00am** **Group 1:** Climbing Wall & Leap of Faith
Group 2: Team Building
Group 3: Canoeing & Archery
Group 4: High Ropes & Zip
- 12:30** **LUNCH**
- 1:30pm** **Group 1:** High Ropes & Zip
Group 2: Climbing Wall & Leap of Faith
Group 3: Team Building
Group 4: Canoeing & Archery
- 4:30pm** Field Sports & Recreational Activities (self-lead)
Camp Store open
- 5:30pm** **DINNER**
- 6:30pm** Campfire with s'mores
- 8.30pm** Back to cabins, settle in for night
- 10:00pm** Quiet hours begin



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FRIDAY

- 8:00am** **BREAKFAST**
Pack & Move out of cabins. Luggage to central area.
- 9:15am** **Group 1:** Canoeing & Archery
Group 2: High Ropes & Zip
Group 3: Climbing Wall & Leap of Faith
Group 4: Team Buidling
- 12:30pm** **LUNCH**
- 1:30pm** Depart YMCA Camp Tockwogh