

YMCA CAMP TOCKWOGH – PACKING LIST

The following is suggested for a two-week period. *Please cut this list in half for a one-week session.

LINENS

- 4 sheets (a set or two flat sheets)
- 2 blankets
- 1 pillow
- 2 pillow cases
- 4 bath towels
- 2 wash cloths
- 2-3 beach towels
- 1 laundry bag

CLOTHES

- 3 sets of pajamas
- 10-14 T-shirts
- 10-14 pairs of shorts
- 2 pairs of jeans or long pants
- 10-14 pairs of underwear
- 10-14 pairs of socks
- 2-3 bathing suits
- UV protective/rash guard shirts
- 1-2 sweatshirts
- 1 raincoat/poncho

SHOES

- 1-2 pairs sneakers (required for activities)
- 1 pair of watershoes/sandals (to wear in the bay)
- 1 pair of shower flip flops

EXTRAS

- Water bottle (labeled)
- Sun block-SPF 30 or higher/broad spectrum/waterproof
- Sunglasses and hat/visor
- Deodorant
- Comb and brush
- Soap and shampoo
- Toothbrush and toothpaste
- Bag or shower caddy to easily transport toiletries to and from wash house
- Flashlight
- Insect repellent (non-aerosol)
- Postcards/ paper & pen
- Small electric fan
- Small backpack

Optional Items

- Hangers
- Mattress pad
- Camping Chair
- Books & Games for down time
- Snacks
- Camera (inexpensive)

Please **DO NOT BRING:** Cash, Cell phones or electronics, Expensive/irreplaceable items

Note: Phones will be confiscated and returned to campers with a parent present at check-out!

It is a good idea to send mostly older items since outdoor fun can be hard on clothes. Please assist your child with packing to help eliminate items arriving at camp that do not belong (cell phones, video games, expensive audio equipment, sports equipment, trendy clothing or expensive jewelry) and items that are prohibited (weapons, tobacco, drugs, alcohol and any other substances that can be used in an illegal manner). We allow campers to bring snacks with them to camp if they are kept in an airtight container. There are no products containing nuts allowed at camp. If food of any kind containing nuts is in the cabin it will be removed by the counselor. Camp Tockwogh is not responsible for any lost or missing items. If your camper has a problem with bed wetting, please send a waterproof mattress cover and be sure to notify the counselor.