

Welcome to...

YMCA Camp Tockwogh

Fall Family Camp 2023!



Dear Family Campers,

We are so excited you will be joining us for Fall Family Camp 2023! We are thrilled to have a wide range of families from small to large, from longtime supporters to first time families; all here to mark the occasion of our 3rd Annual Fall Family Camp! Lying at the heart of the YMCA's mission, Family Camp provides you with the opportunity to grow in body, mind, and spirit. It is a chance for you to get away for a weekend, have some fun on the Chesapeake Bay, and enjoy some much-needed family bonding!

The staff here at YMCA Camp Tockwogh are eagerly awaiting this time-honored tradition and are busy preparing. We have tons of fun activities planned!

The following pages will give you all the information you will need to make the most out of your Family Camp experience. If you have any questions, please feel free to contact us. We look forward to meeting you and thank you for choosing YMCA Camp Tockwogh!

In the Camp Spirit,

Julia Heller
Retreats Director

PACKING LIST

These are suggested items to make your stay at Camp Tockwogh more comfortable. If you forget anything ask the staff for help. We might have what you need or can give you directions to the nearest store.

CLOTHING

- Tee Shirts
- Long Pants
- Shorts
- Undergarments
- Socks
- Bath Towel
- Jacket
- Sweater or Sweatshirt
- Poncho or Raincoat
- Pajamas
- Hat or Baseball Cap
- Sunglasses
- Sneakers
- Sandals
- Flip-Flops (for shower use)

BEDDING

- Sleeping Bag
- Blanket
- Sheets
- Pillow
- Pillow Cases

OTHER ITEMS

- Flashlight
- Water Bottle
- Medication
- Laundry Bag

TOILETRIES

- Soap
- Toothbrush
- Shampoo
- Washcloth
- Comb or Brush
- Bug Repellent
- Sunscreen
- Medication

OPTIONAL ITEMS

- Backpack
- Fan or Space Heater
- Camping/Beach Chair
- Cooler & Drinks
- Snacks
- Games and Cards
- Books
- Bike with helmet
- Camera



THINGS TO LEAVE AT HOME

- Camp Tockwogh is a drug free site. Please refrain from smoking within the camp gates.
- Do not bring any fireworks.
- As it is a family environment, we ask that you do not bring any weapons. Shooting or hunting is prohibited on camp grounds.
- Pets/animals that are not registered with us as a service animal are not allowed to stay on camp property.
- Campfires are prohibited in any areas outside a provided firepit.
- We strive to be unplugged at camp, so bring valuable personal electronics at your own discretion.

IMPORTANT INFORMATION

HOUSING

Families stay in Rustic or Upgraded housing. All buildings on camp have electricity and electrical outlets. Upgrading housing has ensuite bathrooms while Rustic cabins have shared washhouses located nearby with toilets and showers.

CHECK-IN

All family campers must check in at the dining hall. If adding additional campers to your family's cabin, please confirm no later than one week before.

INTERNET ACCESS

Wi-Fi will be available in the Dining Hall and Main Office. The password will be posted. We cannot guarantee the speed of the internet. Guest's must use the internet responsibly.

CELLUAR SERVICE

Cellular service on camp property is spotty. The best place to get a strong cell phone signal is near the bay. If there is an emergency and you require a landline phone, please ask in our office.

HEALTHCARE

There is no designated health care provider during Family Camp. Parents are responsible for their family members' health and should bring over the counter medication and first aid supplies. If a camper has a serious injury or illness please notify camp staff. We have emergency procedures in place for alerting medical assistance.

CAMP STORE

The camp store will be open during rest hour each day for you to purchase clothing and other "camp swag". Cash, check and credit cards are accepted! We do not allow camp store purchases to be charged to your card on file; you must provide the card information while at the store.

CHILD SUPERVISION

Children under the age of 11 are not allowed to be unsupervised at camp activities. Our staff members there are not responsible for supervision. If you are leaving the camp premises, please leave another adult in charge of your kids.

PERSONAL BELONGINGS

Camp Tockwoh is not liable for any lost, stolen, or damaged property. Please leave anything of value at home!



DINING HALL PROCEDURES

Our cooks prepare three delicious meals daily. Camp classic entrees along with a salad bar and vegetarian options are available at every meal. To keep the Dining Hall running smoothly, we ask that everyone follow the procedures listed below to help kitchen staff maintain a safe and effective kitchen. Meals will be served family style. We suggest that each table assigns two people for each meal to serve as "Waiters." Waiters are responsible for the following:

- **Setting the table**
 - Fifteen minutes before the meal waiters will meet in the dining hall to set out the beverages, plates, silverware, cups and condiments for their table.
- **Serving Food**
 - After grace, one adult should bring the serving tray to the table, unload the serving dishes and return the tray to the rack.
 - If you run out of food, take the empty serving dishes to the breezeway to get them filled
- **Clearing Table**
 - Scrape off plates and serving dishes into trash and stack. Empty cups into picture and stack.
 - Pitchers will go on the rack near the drink station. Place serving utensils in the pitchers.
 - Separate all silverware by type and put them in the proper bin labeled on the front table.
 - Bring all dishes to the front dirty dish table to be sorted and brought to the dish room.
- **After Announcements- STACK, SWEEP & WIPE!**
 - Wipe your table with a rag (provided at the podium).
 - Stack the chairs at either end of the table.
 - Sweep the floor under your table.

FAMILY CAMP RULES

- Don't enter any program area until a Tockwogh staff member is present and allows you to enter.
- Everyone must wear a lifejacket while at the bay if they are on the dock, in the water, or on a boat.
- Know where your children are at all times. We ask that you do not allow children under the age of 11 to be left unsupervised at a camp activity.
- No bare feet, except at the beach.
- Camp is a smoke free environment. Please refrain from smoking within camp gates.
- Alcoholic beverages may be consumed by adults of legal drinking age in private areas (cabins). It should not be consumed in public areas such as the Dining Hall, Waterfront, Sports Fields, Basketball Court, etc.
- Anyone over the age 16 years old that would like to fish in the Chesapeake Bay will need to purchase a fishing license at <https://compass.dnr.maryland.gov/>
- Lost & Found will be located at the Lost & Found post out front of the Ad Building. Please check for any items before you depart.

ACTIVITIES

CAMP ACTIVITIES

These will be run by the Tockwogh Staff! All are weather dependent and subject to change 😊

SATURDAY MORNING

Arts & Crafts
Giant Swing
Archery
Axe Throwing



SATURDAY AFTERNOON

Arts & Crafts
Climbing Wall
Canoeing
Boat Rides

SUNDAY MORNING

Arts & Crafts
High Ropes Course (must be 12 and older!)
Climbing Wall



SELF-LED ACTIVITIES

Hiking – Explore our 301 acres! Trail maps available

Sports – Equipment available in sports sheds (located behind tennis courts & baseball diamond) – *Basketball, Gaga Ball, Volleyball, Soccer, Tennis, Softball*, and more!

Fishing – Campers are welcomed to use our beachfront, dock, or hidden lake for fishing. A fishing license is required for anyone over 16 years old: <https://compass.dnr.maryland.gov/>

EVENING ACTIVITIES

Fall Festival & Costume Party

Join us at the Dining Hall on Friday night for some fall fun! There will be snacks, games, s'mores and more!

Campfire & Talent Show

Saturday after dinner, come by the Amphitheatre for skits, songs, and camp traditions!

Movie on the MAF

Cozy up for a Fall movie showing on the Main Athletic Field!



WEEKEND SCHEDULE

FRIDAY, November 3rd

5:00–7:00pm Arrive & Check-In at the Dining Hall
7:00pm Fall Festival & Costume Party

Fall Festival & Costume Party

Join your fellow campers as we welcome and get to know one another. You'll get to meet the fun-loving staff members while enjoying some fall games and activities. S'mores and other snacks will be provided! Costumes optional but encouraged 😊

Check In Procedure @ the Dining Hall

1. Check-In with the Camp Staff to ensure cabin assignments, paperwork, and payment!
2. Label your Table. Your family will sit at this table for all meals. In order to fit all families in the dining hall each table must seat 10 people.
3. Take a family picture!

SATURDAY, November 4th

7:45am Waiter Call- Send 2 people per table to help set your table in the Dining Hall
8:00am Breakfast
9:30–Noon **Morning Activities Open**
Arts & Crafts, Giant Swing, Archery, Axe Throwing
12:15pm Waiter Call
12:30pm Lunch
1:15pm Rest Hour
Camp Store Open until 2pm
2:30–5:00pm **Afternoon Activities Open**
Arts & Crafts, Climbing Wall, Canoeing, Boat Rides
5:15pm Waiter Call
5:30pm Dinner
6:30pm **Campfire!**
8:30pm **Movie on the MAF**



Campfire/Talent Show

Make your way out to the Amphitheater for classic Tockwogh "campfire". We encourage any performers to prepare a skit, song, or other campfire traditions. Sign up in the Dining Hall!

Movie on the MAF

After campfire grab your chair and a blanket and head to the Main Athletic Field for a family fun Fall movie!



SUNDAY, November 5th

7:45am	Waiter Call
8:00am	Breakfast
9:30-12:00pm	Morning Activities Open <i>Arts & Crafts, High Ropes Course, Climbing Wall</i>
12:15pm	Waiter's Call
12:30pm	Lunch
2:00pm	Pack Up & Head Home



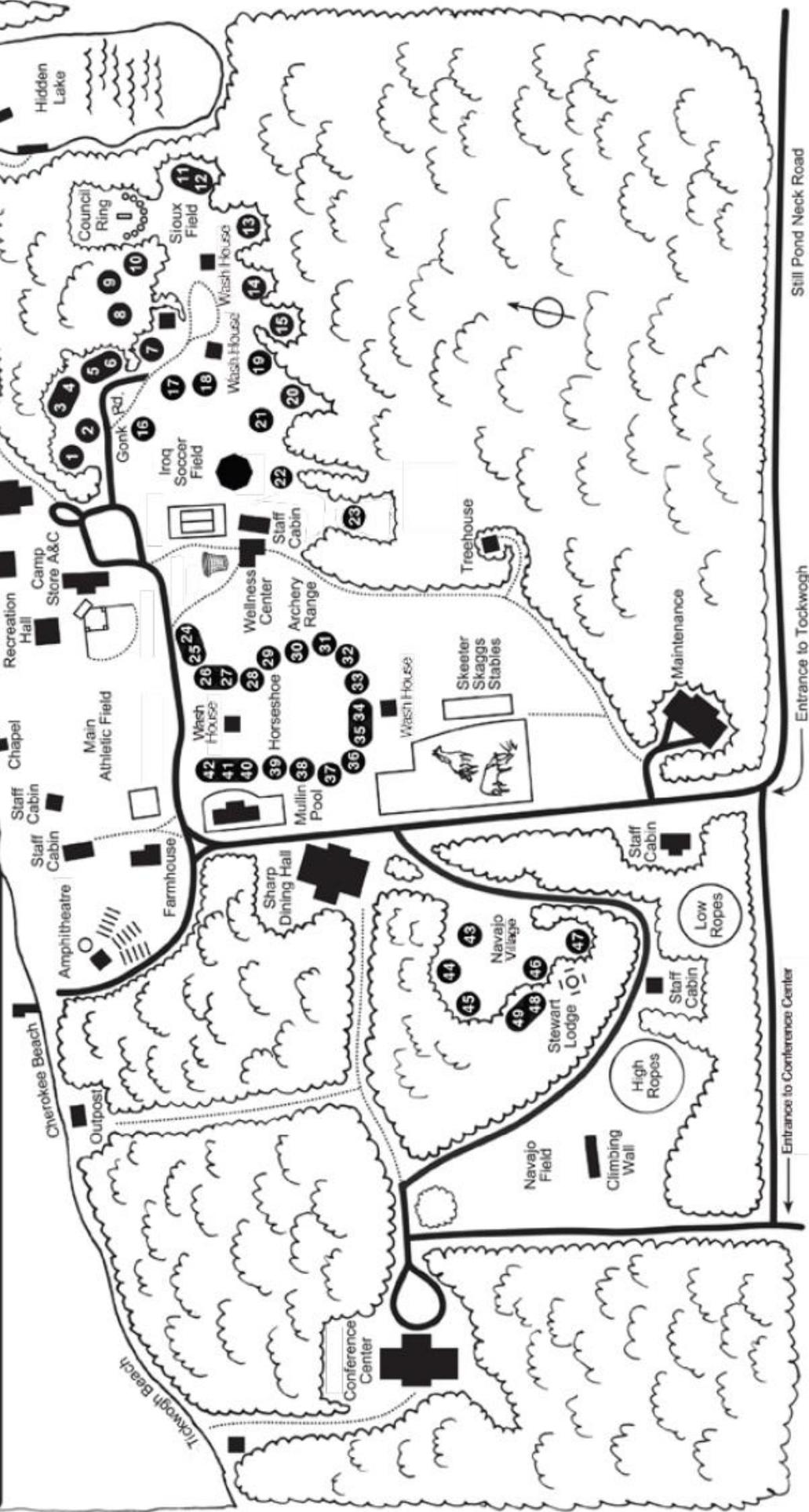
Check Out

Families must be moved out of their cabins by 2:00pm. Be sure to give your cabin a quick sweep and turn out the lights. Take all your belongings with you and don't forget to check the lost & found on the way out! For those families checking out at other times, please notify us at the meal prior to your departure.



SEE YOU NEXT YEAR!

Delaware.....	1
Creek.....	2
Shawnee.....	3
Nanticoke.....	4
Conoy.....	5
Lenape.....	6
Mohican.....	7
Osage.....	8
Ponca.....	9
Mandan.....	10
Teton.....	11
Aztec.....	12
Iowa.....	13
Old Erie.....	14
Erie.....	15
Wyandot.....	16
Oneida.....	17
Tuscaroras.....	19
Cayuga.....	20
Seneca.....	21
Omandaga.....	22
Fox.....	23
Seminole.....	24
Chippewa.....	25
Otoe.....	26
Otari.....	27
Tunica.....	28
Comanche.....	29
Susquehanna.....	30
Hopi.....	31
Potomac.....	32
Crow.....	33
Catawba.....	34
Shoshone.....	35
Blackfoot.....	36
Cheyenne.....	37
Apache.....	38
Arapaho.....	39
Sahani.....	40
Tsiskwa.....	41
Wadi.....	42
Elm.....	43
Dogwood.....	44
Chestnut.....	45
Beech.....	46
Aspen.....	47
Fir.....	48
Ginkgo.....	49
Tickwogh 1.....	50
Tickwogh 2.....	51

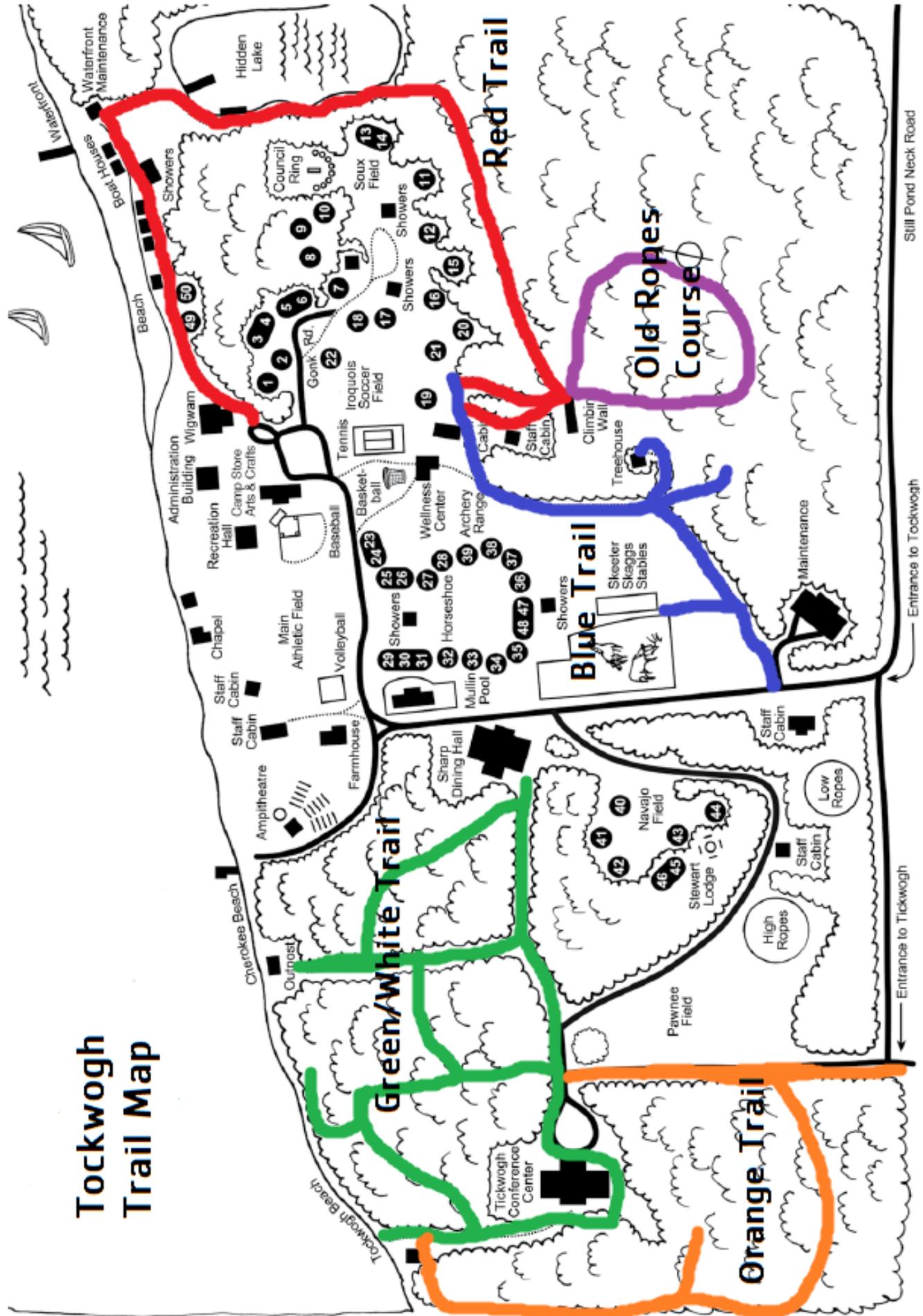


Still Pond Neck Road

Entrance to Tockwogh

Entrance to Conference Center

Tockwogh Trail Map



Still Pond Neck Road

Entrance to Tockwogh

Entrance to Tockwogh